

Fitness Events

Choose one of the following two programs to bring to your school community this school year.

Kids 360

The Goal:

Share a variety of non-competitive physical activities to engage students during P.E. class.

Who is it for?

Kids ages 8 and up with their class during the school day.

Learn more...

- Choose Kids 360 or Fit Families
- Requests made 3 weeks in advance
- Up to 50 participants for 45 minutes
- Led by an AtlantiCare LifeCenter Fitness Specialist

Fit Families

The Goal:

Encourage kids and families to lead an active lifestyle and make fitness fun!

Who is it for?

Kids ages 8 and up along with their family member(s).

Learn more...

- Choose Kids 360 or Fit Families
- Requests made 3 weeks in advance
- Up to 50 participants for 45 minutes
- Led by an AtlantiCare LifeCenter Fitness Specialist

Request Link

