

# Healthy Recipe Contest



Calling all student chefs and cooks! Enter in AtlantiCare Healthy Schools, Healthy Children's recipe contest for a chance to win a brand new kitchen appliance for your school's wellness program!

Do you have a family recipe you want to share? Have you whipped up something unique and special of your own creation? We want to see it!

Students are challenged to submit an original recipe for a chance to be featured on AtlantiCare's social media pages, win a **cookbook/recipe journal and cooking set**, a **Chefs in the Classroom** visit to make your healthy dish together in person, and to earn a **brand new kitchen appliance\*** for your school!

There will be 1 student winner in each age group for a total of 3 winners:

- K-4th grade
- 5-8th grade
- 9-12th grade

**Recipe entries are due  
Friday, November 1, 2024**

*\*Kitchen appliance value may not exceed \$100 and must be used for wellness and/or culinary activities*

[Submission Link](#)



## CONTEST RULES

- Contest is open to all grades K-12
- All recipes must be original
- Recipe must include at least 1 fruit or vegetable
- Must be a healthy and vegetarian dish
- Recipes must have 10 ingredients or less
- Must take 30 minutes or less in total time
- **Does not** have to be a fall-themed recipe
- **Cannot** involve any elements that require an oven or freezer to make
- All recipe entries must include a photo of your dish (any photos with students in it must be accompanied with an AtlantiCare Media Release Form)
- All recipes will be judged on originality, healthy factor, and overall presentation
- Student winners will be presented with their individual and school prizes by the Healthy Schools team in person
- The classroom visit will be scheduled during or around the month of March in honor of National Nutrition Month

**Winners will be announced  
by Monday, November 11, 2024**



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