

AtlantiCare

School Health Specialist

School Health Specialists support student, staff, and family wellness through individualized wellness and social emotional learning (SEL) programs within the school.

Components of Wellness

Physical
Emotional
Social
Intellectual
Environmental



Components of SEL

Self-Awareness
Social Awareness
Emotional Regulation
Problem Solving
Healthy Decision Making



Student Services

- Student Check-Ins
- Small SEL Groups
- Individual SEL Skill Development Meetings
- Academic and Career Goal Setting
- Healthy Lifestyle Behavior Initiatives

School & Community Services

- Family Engagement Events
- Community Resources
- School-wide Engagement Initiatives
- School-wide Healthy Behavior Events

Staff Services

- Staff Morale Boosters
- Staff Wellness Challenges
- Student Referrals
- Co-Teaching Options & Presentations
- Healthy Lifestyle Behavior Initiatives
- Stress Management Support Services



Interested in bringing a School Health Specialist to your district?
Contact Ronni Lerner at ronni.lerner@atlanticare.org

