



Chefs in the Classroom

Our team, along with Chef Shara, our partner from Happy Heart Corner, will visit your school for an in-person healthy cooking demonstration and tasting.

Program Information:

Chef Shara along with our specialists will review the topics of MyPlate and mindful eating along with a cooking demonstration and tasting of a healthy recipe.

This demo is appropriate for all students in grades K-12. Recipes are carefully adjusted based on student allergies. Please check with the school nurse, teachers, and parents for student allergy information prior to submitting request.

Guidelines

- Schools may only request 1 demonstration per school year
- Requests must be made at least 3 weeks in advance
- All requests must be completed via the link below
- Each demo can accommodate up to a maximum of 50 students
- All food allergy information must be indicated via the request form prior to the scheduled date
- Schools must provide an 8 ft. long table, trash can, access to an outlet, and extension cord

[Request Link](#)

happy heart
corner



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