



## School Based Services

AtlantiCare is proud of its longstanding relationship with area schools. Whether through its School Based Service Centers or prevention based programming offered via its *Healthy Schools Initiative*, AtlantiCare offers comprehensive wellness services to support your school's needs. Services range from student educational offerings and incentives, to professional development opportunities, staff wellness campaigns, and mini-grants. To learn more about our *Healthy Schools Initiative*, and how these complementary services can support your school, visit [www.atlanticare.org/healthyschools](http://www.atlanticare.org/healthyschools).

And yet, your school may have greater needs to support the mental health and wellbeing of your students and faculty. Below please find a listing of the multi-tiered services that AtlantiCare offers beyond the standard complementary preventative programming to assist your school in meeting the growing demand for increased physical and mental health resources. All services listed below are offered on a contractual basis.

### Services for Students/ Families

#### Tier 1 & 2 Services

**On-Site School Health Specialist:** Address the social emotional needs of students, staff and families via the support of a dedicated School Health Specialist. Specialists, trained in social emotional learning, are available to support your school family and their needs. Specialists are able to provide three levels of intervention: whole group/ classroom presentations, small group sessions and individual student check-ins as needed. Specialists can also implement parent and/or staff programming drawing on evidenced based preventative strategies and work with your team to ensure a comprehensive approach to identified wellbeing needs.

**School Based Therapist:** Beyond prevention, AtlantiCare can provide a licensed therapist dedicated to supporting your school's therapy/ counseling needs. Therapist can support schools virtually or on-site and are able to conduct group and individual sessions. Therapists require minimum of 8 students to initiate on-site services. Schools can pay directly for services or work with AtlantiCare to bill for services via a child's insurance.

**Crisis Evaluations:** AtlantiCare is able to offer a timely assessment of an individual student in response to an emergent mental health concern to determine eminent risk. Concerns could include suicidal ideations, homicidal ideations, or thoughts about harming themselves or others. Assessments are completed by a licensed mental health clinician and include treatment recommendations.

#### Tier 3 Services

**School Behavioral Health Provider:** AtlantiCare can make a board certified child/adolescent psychiatrist or advance practice nurse with child/adolescent training available to your school on a monthly or bi-monthly basis to provide a variety of services. Services offered include psychiatric evaluations and medication management. On-site services can also include a virtual option enabling parents to also participate in the provision of care. Services can be paid for by the school and/or have the option to bill a student's insurance.

## Additional Health Services

**School Physicals:** Need assistance getting your students the physicals they need? AtlantiCare is here to help. School physical clinics can be set up at various times throughout the year to provide the necessary screening your students require.

**Resource Guides:** AtlantiCare is able to provide research based resource guides for families and teachers on specific health and wellness topics. Topics include: Tier I interventions, signs of Asthma, etc. Each guides provides evidenced based information and practices. The Tier I intervention guide provides teachers and families with research based adaptations that can be made within the classroom to support the student and enable classroom routines. AtlantiCare is able to work with schools to develop content specific resources guide on an area of need.



## Services for Staff

**Employee Health Initiatives/ On-site Services:** Flu Shots, on-going health education, tailored awareness campaigns, individualized health coaching, and more. AtlantiCare is able to offer your school/ district personalized health programming to support your school's culture and your staff's needs. It is our goal to make the maintenance of healthy lifestyles the convenient and easy choice.

**Employee Assistance Program:** AtlantiCare's Employee Assistance Program offers high quality case management and access to clinical care when your employees need it the most. This services provides 24/7 confidential assessments, referrals and short-term counseling for members of your team who are in need of additional support to meet their mental health needs.

**Occupational Health Programs:** AtlantiCare offers many local organizations and businesses Occupational Health Services. Through services like worker's compensation injury and illness care, physicals, employment/industrial examinations, drug screenings, immunizations and other diagnostic services, AtlantiCare Occupational Health is available to keep your workforce healthy, safe, and working.

**Corporate Fitness:** AtlantiCare's Life Center is the region's premier fitness and wellness center. Our location in Egg Harbor Township offers a great combination of fitness options, amenities, and wellness services to meet all of your employees' well-being needs. We partner with several employers in the area to bring a discounted monthly membership to employees working for our corporate partners.

**School Nurse Continuing Education Credits:** For 15 years, AtlantiCare has been hosting quarterly school nurse education workshops that offer continuing education credits for our regional school-based nurses. The educational opportunities, which offer pediatric specific content, enable area school nurses to be up to date on medical recommendations and referral sources for their students.

**Professional Development:** Periodically in person and virtual professional development workshops are made available to other school personnel. School districts can also request specific professional develop for their school staff including but not limited to health and wellness, suicide prevention, social emotional learning.



To learn more about AtlantiCare's School Based Services and how your school can benefit, please contact [healthyschools@atlanticare.org](mailto:healthyschools@atlanticare.org).

